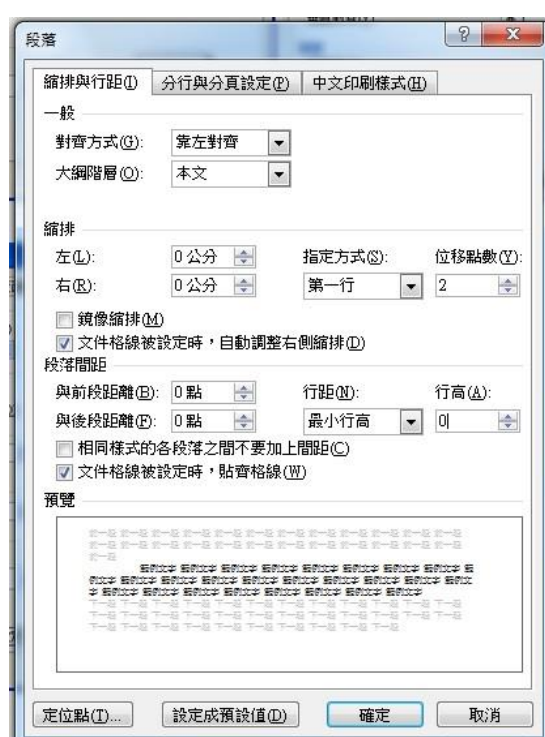
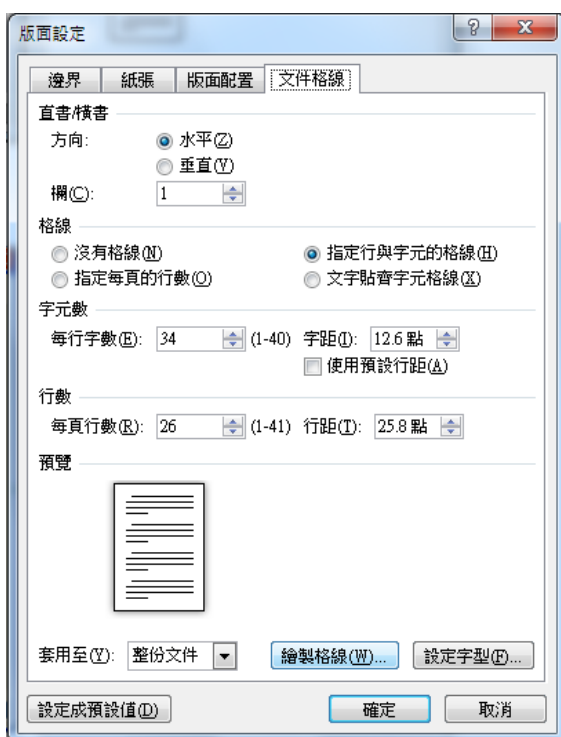
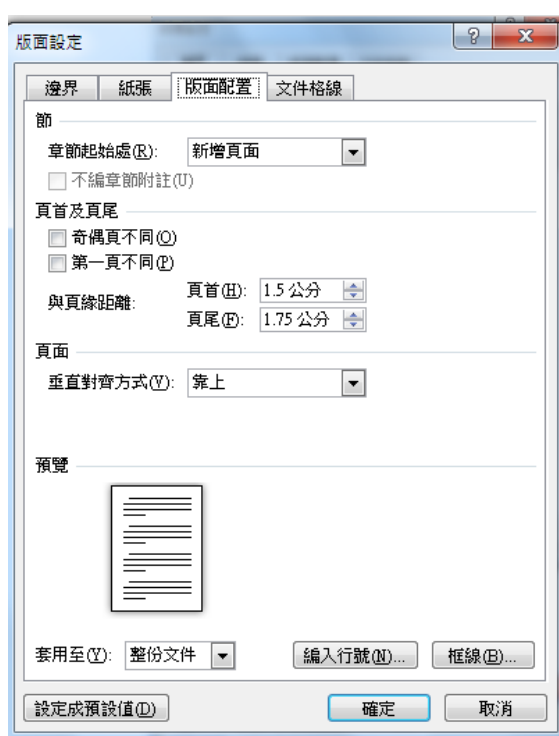
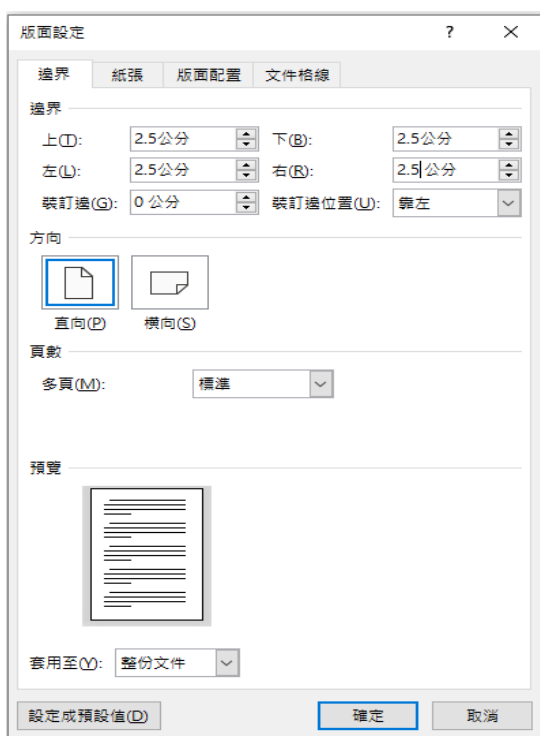


中原體育學報投稿參考格式



自動發球機在外野飛球接球技巧教學課程之應用策略

(空行 12pt)
周禹廷、李志峰
大葉大學
(空行 12pt)

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最小行高 0 點)

(16 pt、粗體、
1.5 倍行高、置
中對齊)

內文 12pt、小行高 0 點

摘要

在慢速壘球運動項目之體育課程上，乃是不可或缺之環節。然在實際之教學情況，針對接球動作技巧不甚熟練的學生而言，如何運用有效之教學方法，讓彼等在短時間內，達到教學目標與成效，確是教學功能之考驗。本文除論述傳統式「一對一」之教學指導流程及其常見之教學阻礙外，且在考量學生學習動機之激發，同儕互動教學之功能下。

關鍵詞：體育教學、課程應用

(14pt、粗體、1.5 倍行高、置中對齊)

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壹、前言

(三) 軀幹夾角：髖關節、肩關節連線與地面水平線之間的前夾角。(如圖二)

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內文標號

貳、研究方法與步驟

一、研究對象

(空行 12pt)

二、實驗器材與設備

(空行 12pt)

參、結果與討論

(二) 針對底層 TOSS 動作進行分期，以便瞭解各階段的運動學特性。

(空行 12pt)

內文標號

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游家政 (1987)。台北縣國小中高年級兒童在學期間校外休閒活動之研究。國立台灣師範大學教育研究所碩士論文。

Dempster, W.T. (1955). Space requirement of the seated operator. *WADC Technical Report*, 55-159. Wright-patterson Air Force Base, Ohio :WADC.

Researching on Physical Fitness and Family Background at the Elementary Schools in Dayuan of Taoyuan

英文文摘：
題目 1.5 倍行高
16pt 粗體

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Huang Chuan-Chuan Hsu Tze-Yu
DA-YEH University
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Abstract

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Researching into the latest physical fitness of the students at the elementary school in Da-Yuan, There are 1003 valid samples which have been divided into one to five of the percentile rank by comparing the physical fitness scores and the normal. And then the researcher has analyzed by SPSS statistical software. One of the items is the students who are from different family backgrounds which are the general students, aboriginal students, new immigrant children and physical fitness scores using ANOVA. Another one is the students who are from non-single-parent, single-parent, high-income, and low-income and physical fitness scores of independent sample t-test analysis. The results are to understand the family background and the relationship between physical fitness scores and the researcher has also visited the students' class teachers as follows.

內文左右對齊

The students in Da-yuan are tall and slim and the students' weights are behind the national average. About the scores of their physical fitness except sit-reach and run for 800 meters are in the national average. The standing-long-jump and sit-ups are both better than the national average.

Aboriginal children in the each of the physical fitness are better than other children, especially in the standing- long-jump and sit-ups. For the regular students and the new immigrant children are on the top or the bottom about the physical fitness. Non-single-parent children are better than single-parent children in the each physical fitness, especially in the standing long jump. Non-low-income children are worse than low-income children in the running of 800 meters, but they are better in the others, especially in height, standing long jump.

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Keywords : Physical Fitness, Elementary School, Family Background, Aboriginal Children